

**1-1/2 to
3-1/2
months**

Your Child's Social-Emotional Development

Look for your child to:

Smile deliberately.

Become familiar with close family members.

Show excitement when seeing or hearing caregivers.

Use crying as a way to alert you to his needs.

Use sucking to calm herself.

Imitate some facial expressions.

Your child's BRAIN:

Ways you can help:

Eye contact and smiling are important. Maintain eye contact with your baby while you feed or socialize with her. Always smile back when she smiles at you.

Let your child feel secure in your love by cuddling, singing, rocking and speaking softly to him.

Offer her a lot of affection and attention while she is alert.

Immediately respond to your baby when he cries. As he becomes confident that his needs will be met, he will cry less.

Soothe and relax your baby when he is uncomfortable by gently massaging and stroking his back, shoulders, arms, and legs.

Allow her to suck to satisfy her emotional and sucking needs.

Watch as your baby imitates your facial expressions. Imitate him in a reciprocal way to encourage a give-and-take exchange.

Makes connections for feeling secure when your child's needs are met.

Produces feelings of trust when you keep taking good care of your child.